

Dear Mother-To-Be,

Congratulations on your pregnancy! We are thrilled that you plan to deliver your baby at The Chester County Hospital. Our Maternal-Infant Health Unit offers state-of-the-art technology in a comforting, friendly environment. Our physicians, including obstetricians and neonatologists, along with our nursing staff, will do all they can to ensure that the birth of your baby is a special and memorable experience.

Please take a moment and read over the enclosed **Childbirth Education Program Brochure**. We offer a wide variety of classes to help prepare the entire family in welcoming your newborn. The curriculum has been carefully designed to assist you in obtaining the tools you will need for pregnancy, birth, and caring for your new baby. Classes available include:

- ◆ Preparation for Childbirth (4 Week Evening Series or One-Day Saturday Class)
- ◆ Childbirth Refresher Class
- ◆ Sibling Preparation Class (Children 3 to 7 years of age)
- ◆ Prenatal Breastfeeding Class
- ◆ Newborn Care Class
- ◆ Maternity Unit Tour (Also included in the Preparation for Childbirth Class)
- ◆ Prenatal/Postpartum Exercise Program

You should plan on attending classes in your seventh month. **Classes fill up quickly so please register early in order to get your first choice.** For additional class information and to register, contact The Chester County Hospital Wellness Program and Physician Referral Line at 610-738-2300 and note that pre-registration is required for all classes.

Should you have any questions about what you might expect during your Hospital stay, please do not hesitate to give me a call.

Again, congratulations. We look forward to seeing you in the near future.

Sincerely,



Sue Bechhold, RN, MSN, IBCLC
Coordinator, Women's Health Education Services
The Chester County Hospital
610-738-2581